Master of Public Health Program

Student Orientation

Fall 2015
MISSION

To advance the health and well-being of the citizens of Missouri and elsewhere through excellence in teaching, discovery, and service in public health.
Overview of the Program

• The MPH Program (45 credit hours)
  • 39 credit hours of required courses
  • 6 credit hours of elective courses

• Graduate Certificate Options
  Public Health (12 credit hours)
  Global Public Health (15 credit hours)
  • Must earn a B or better in each course completed or attempted for the certificate to be recommended for admission to the MPH upon completion
  • Courses credited toward the MPH
Accreditation & Membership

• Accredited by the Council on Education in Public Health (CEPH)
Career Advising/Resources

• Your frequent contacts with faculty and staff
• Participation in MPHGSA, other student organizations, and community service
• Attendance at annual MPHA meeting – Fall
• The MU Career Center
• Your Internship
• The MPH Career Panel – Spring
Graduate Research/Teaching Assistantships

• Coveted and competitive
• Allows students to work in a University department related to degree program
• May be eligible for tuition support
• As we learn about available assistantships, details are posted on the MPH site.
• Do not contact professors directly about opportunities
Dual Degree Programs

- MPH/DVM – Master of Public Health/Doctor of Veterinary Medicine
- MPH/MA Journalism – Master of Public Health/Master of Arts in Journalism
- MPH/MPA – Master of Public Health/Master of Public Affairs
- MPH/MSW – Master of Public Health/Master of Social Work
TWO EMPHASIS AREAS

Health Promotion and Policy

Veterinary Public Health
Capstone vs. Thesis

• Capstone provides the opportunity to:
  • Increase readiness for professional practice
  • Test theoretical knowledge against real world experiences
  • Integrate and refine concepts acquired during coursework

• Thesis provides the opportunity to:
  • Generate a research question within a theory
  • Formulate and implement a research design, and
  • Make recommendations for replication, revisions, or future investigations
The Global Public Health Certificate....

Master of Public Health Program

University of Missouri
Global Public Health Graduate Certificate

- 15 credit hours with a special group selection of courses.
- Requires international experience
  - Can be done prior to entrance to program or while enrolled
- Can be completed independently or combined with an MPH
  - If completed independently courses can transfer to the MPH program if a grade of B or better is earned in each class
When can I register?

- Students are set up with an enrollment appointment time each semester. You must register for at least one course before the first day of the semester to avoid a late registration fee.

- You can add/drop courses according to the Dates and Deadlines calendar.
Registration Procedures

- Login to MyZou ([http://myzou.missouri.edu](http://myzou.missouri.edu))
- Reference plan of study to register for courses
Resources

• Current Students Information
  • [http://publichealth.missouri.edu/students_current.php](http://publichealth.missouri.edu/students_current.php)

• Billing, payment center, and refund guidelines
  • [myZou payment center](http://publichealth.missouri.edu/students_current.php)

• Fellowships/Job Opportunities/Assistantships
  • [http://publichealth.missouri.edu/jobs_fellowships.php](http://publichealth.missouri.edu/jobs_fellowships.php)

• Course requirements for HPP/VPH emphasis areas and dual degree programs
  • [http://publichealth.missouri.edu/programs.php](http://publichealth.missouri.edu/programs.php)
The full MPH Handbook is available on our site.

The handbook explains a great deal of academic policies, the thesis option, advisement, academic honesty, course description, campus resources, and more!

Important Links

RSVPs
The faculty of the MPH Program expect and require original writing for all assignments given.

Success in the field of Public Health relies on significant written and spoken communication skills. Articles, research and writing on the internet may be used as reference materials, but should not be used as representative of the student’s own writing. Information from the internet should be properly cited in a bibliography, and students can expect to name their sources.
ICE BREAKER
TSPA Grant Writing
Wellness Resource Center
Internships

• Practical field experience
  • Apply concepts learned in the classroom
  • Gain competency at graduate MPH level
  • Make contacts/network

• 360 total hours (240 hours for DVM/MPH)
  • 9 week full-time
  • 6 weeks international
  • Flexible
The Internship Process

• Have completed the necessary prerequisite courses
  • 21 credit hours
• The semester prior to scheduled internship: Start the search process
  • MPH Website – Internship page
    • Internship handbook
    • Internship opportunities
• Discuss with your faculty advisor
• Ask 2nd year MPH students
  • http://publichealth.missouri.edu/students_internships.php
International Internships

**Fall (First Semester):**
1. Prepare for internship search
2. Search international internship opportunities
3. Choose independent internship, OR
   Choose structured opportunity

**Spring (Second Semester):**
4. Get final approval from Faculty Advisor & International Internships Coordinator
5. Finalize budget and apply for funding (if applicable)
6. Register with International Center for an Independently Arranged Int’l Activity (IAIA)
7. A) Contact Preceptor, AND
   B) Research Country Information, AND
   C) Complete Other MPH Program Requirements
8. Stay in touch with International Internships Coordinator and review remaining course requirements

**Summer (After Second Semester):**
9. Begin international internship
10. Complete post-internship requirements
Los Eucaliptos
Joy Bailey

- Engineers Without Borders from Missouri S&T

- May/June 2015

- A developing community outside of Tarija, Bolivia
Los Eucaliptos

- Community Health Assessment
  - Literacy
  - Health status
  - Hygiene/health practices

- Planning for future sanitation sites

- Evaluation of clean water availability
  - Testing facility
Alexandra Cooke
Health Promotion and Policy Internship
Beacon of Hope Fellow

- Linn County Health Department
- Rural Missouri community
- Organized and updated public health education materials
- Completed a community health assessment for Linn County
Linn County Health Department
Internship
Azeem Kakar

United Way
Heart of Missouri–United Way is serving people in need from last 60 years.

Through “Community Impact” which is a new service model, HMUW moves beyond meeting basic needs and focus their effort to change the conditions which causes those needs.

- HMUW focuses on....
  1. Health
  2. Education
  3. Safety net
  4. Income

They are believed to be building blocks for successful lives and community.
Provided help in:

- Literature review for upcoming joint study with United way and Columbia center for Urban agriculture and Columbia public school.
- Data compiling and report card design.
- Supporting kick off campaign planning and preparation.
- Participating in marketing and community education modules webinars.
- Attended staff and board meeting.
• Chair: Dina van der Zalm, MPH/MSW program
  • Co-chair: OPEN for FIRST YEAR STUDENT
• Focus on policy related to PH in Missouri
• 2015 emphasis on Medicaid Expansion
  • Partnership with Missouri Medicaid Coalition
• Advocacy activities include writing LTEs, Op-Eds, action days, meetings with legislators, etc.

• Facebook: Missouri Public Health Advocacy Coalition
  • Twitter: @MoPHAC
• Email: mophac@gmail.com

SIGN UP TODAY!!!
Master of Public Health Graduate Student Association (MPHGSA)

- President
  - Ola Aromaye

- Treasurer
  - Danielle Blickhan

- APHA Liaison
  - Laura McCulloch

- Secretary
  - Position open to a first year student!

- Core Faculty Committee
  - Student Representative
    - Dina van der Zalm

- Curriculum Committee
  - Student Representative
    - Dina van der Zalm

- Social Chair
  - Cameron Buckman

Applications are included in your orientation packet. Contact Ola (aromayeo@health.missouri.edu) to request an electronic copy.
MPHGSA Membership

Requirements

• Return completed application to Ola Aromaye
  • aromayeo@missouri.edu
• Social Meet-up ~
  • Friday, August 22
• Location TBD
• First meeting ~
  • Thursday, September 3
• Rm 2205A Student Center
• $10 annual membership fee
• https://mphgsablog.wordpress.com

Benefits

• Leadership opportunities
• Networking
• Increases eligibility for Delta Omega honor society
• Public Health Week
• MoPHA Conference
  • Scholarships for poster participation
• APHA Conference Funding available
• Volunteer Opportunities
• Social Functions
Opportunities Fund

• Provides financial assistance for:
  • Internship expenses (up to $500 domestic/$1000 international)
  • Conference attendance (up to $300)
  • International experience for Global PH certificate (up to $500)
• For more information, applications, and other sources of funding: publichealth.missouri.edu/financial_aid
Online learning true/false....

- You will have to take at least one online class to receive an MPH.
- Online classes may take MORE time than in-person classes.
- Faculty and student interactions are diminished in online classes.
- Online classes are easier than in-person classes.
Online teaching/learning is a mode of delivery of course content.

Not one size fits all – all instructors are different

NOT independent study!

Online classes are MORE time consuming

- Require consistent engagement
- Different tempo

Some classes may require synchronous sessions, presentations, group work

Flexibility a plus, but not always convenient!

Jump in, keep an open mind, HAVE FUN!
Online Learning – What to Expect

Blackboard

Blackboard collaborate™

tegrity
Graduate with Honors

What: Gamma Eta is the MU Chapter of the National Delta Omega Public Health Honors Society

How: Maintain a 4.0 GPA (or be in the top 10% of the graduating class), Get involved, and Apply!

When:
• December - Applications for President-Elect go out to eligible first year students
• January - Applications go out to eligible second year students
Photo Session